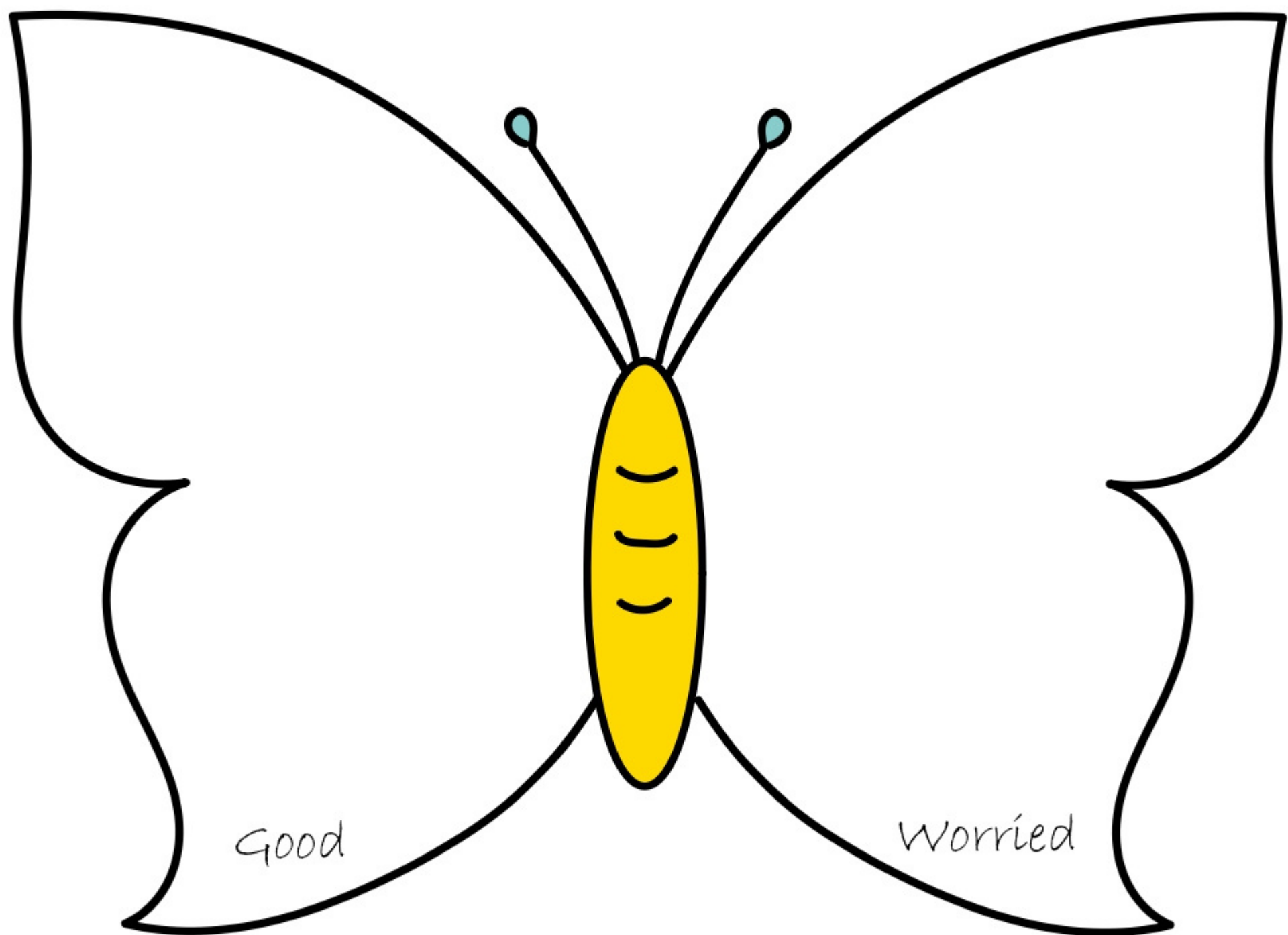


## Do you ever get butterflies in your belly?

Using the butterfly below, write what gives you good butterflies on the left side and what gives you worried butterflies in the right side.



*Daniel gets butterflies in his belly.  
This is a way to describe how worries  
can make you feel physically.*