



MEGA MATCH-UP

There's something important you should know about feelings. Although happy and positive feelings are good, don't worry if you're feeling sad, angry or confused, because that's okay, too. Everybody has ups and downs, highs and lows, and that's normal.

Here are some facial expressions, poses and feelings that you might have experienced. Match them up by drawing a line between the word, the expression and the pose.

One has been done for you!

happy sad excited confused angry



All answers are at the back of the book!