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ESSENTIAL ITEMS EVERY PARENT NEEDS

MEDICINE CABINET CHECKLIST

- Painkiller
- Cotton wool buds
- Savlon
- Antiseptic wipes and/or antiseptic handwash
- Tweezers
- Nail file
- Nail clippers
- Digital thermometer
- Worming tablets
- Nit comb (plus potentially nit treatment)
- Vaseline, or Petroleum Jelly,
- Nappy cream
- Decongestant
- Decongestant plug
- Anti-histamine cream
- Piriton
- Children's strength cough mixture
- Sun cream
- After sun
- Syringe or spoon for measurement
- Plasters, and/or bandages
- Reflux medication
- Imodium
- Insect repellent
- Rehydration salts