

● ● ● ● ● SELF ISOLATION KIDS ACTIVITIES ● ● ● ● ●

100+ THINGS TO DO AT HOME

FOR MORE INFO ON HOW TO DO ALL OF THESE - VISIT KIDDYCHARTS.COM

Technical stuff!

1. Listen to an audiobook
2. Binge-watch educational shows on Netflix

Printable activities

3. Do some mindful colouring with you and the kids
4. Go on an indoor scavenger hunt
5. Play LEGO charades
6. Do some colour by numbers
7. Make some puppets
8. Put on a puppet show
9. Make your own shadow puppets
10. Colour your own building blocks mix and match game
11. Have a go at letter sorting
12. Learn about fruit and veg
13. Set up an indoor treasure hunt
14. Make a Unicorn
15. Explore spring
16. Have fun with play dough mat
17. Pretend to be a spy

Science Ideas

18. Get busy with a balloon and some backing soda
19. Bounce an egg
20. Do some fizzy painting
21. Create and use some Makerspace task cards
22. Learn about animal habitats
23. Have fun with some Arctic animals
24. Make rainbow walking water
25. Create an orange volcano
26. Teach the kids about germ
27. Build a playdough model
28. Build a model with some FIMO
29. Build something that floats
30. Make some straw rockets
31. Build a gingerbread house

Indoor play ideas

32. Keep the kids reading
33. Make an action cube

34. Set up and have fun with a matching activity
35. Grab some LEGO and have fun with it
36. Set up a play shop
37. Have a tea party
38. Get busy with board games
39. Make your own board game
40. Make your own local Monopoly
41. Play a bubble game
42. Make your own Word-search
43. Create a colour collage
44. Have some fun with ice
45. Get the kids moving by playing with colours
46. Help the kids connect with their emotions with a game
47. Have a game of button golf
48. Make up a story
49. Go fishing

Get them in the kitchen

50. Make some Gruffalo Crumble
51. Make a simple milkshake
52. Make a cress caterpillar
53. Have a go at making butter
54. Make a layered jelly egg

Perfect paper craft ideas

55. Make paper spinners
56. Make a card
57. Make a paper aeroplane
58. Make paper animal
59. Make a handbag
60. Make some jewellery
61. Make a paper monster
62. Make a paper fruit basket
63. Fold a multi-coloured paper spinner
64. Make a marble run
65. Make a paper plate animal

Arts and crafts activities

66. Make some salt dough
67. Make some play dough

68. Make a play dough flower garden
69. Make kinetic sand
70. Get them learning their letters
71. Make your own Stick Man
72. Make some scratch art
73. Make your own dominoes
74. Paint a birdhouse
75. Make a mini catapult
76. Try some process art
77. Use handprints to make something cool
78. Use footprints to make something even cooler
79. Create with cardboard
80. Make a sensory bin
81. Make yourself a rainbow
82. Make some alphabet gems

Thread and sewing activities

83. Make some pom poms
84. Do some embroidery
85. Make friendship bracelets
86. Teach the kids to sew
87. Have fun with Rainbow threading
88. Create a spider web obstacle course

Garden and nature art activities

89. Get crafting in the garden
90. Get rock painting
91. Grow your own Jack in the Beanstalk
92. Make sensory fairy marks
93. Make a sunflower
94. Make leaf prints
95. Make a magical tracking stick
96. Have a dinosaur dig
97. Do some indoor bird-watching
98. Create nature art
99. Make a twig boat
100. Make a yarn stick
101. Finally something for you... sheets to help you stay sane!